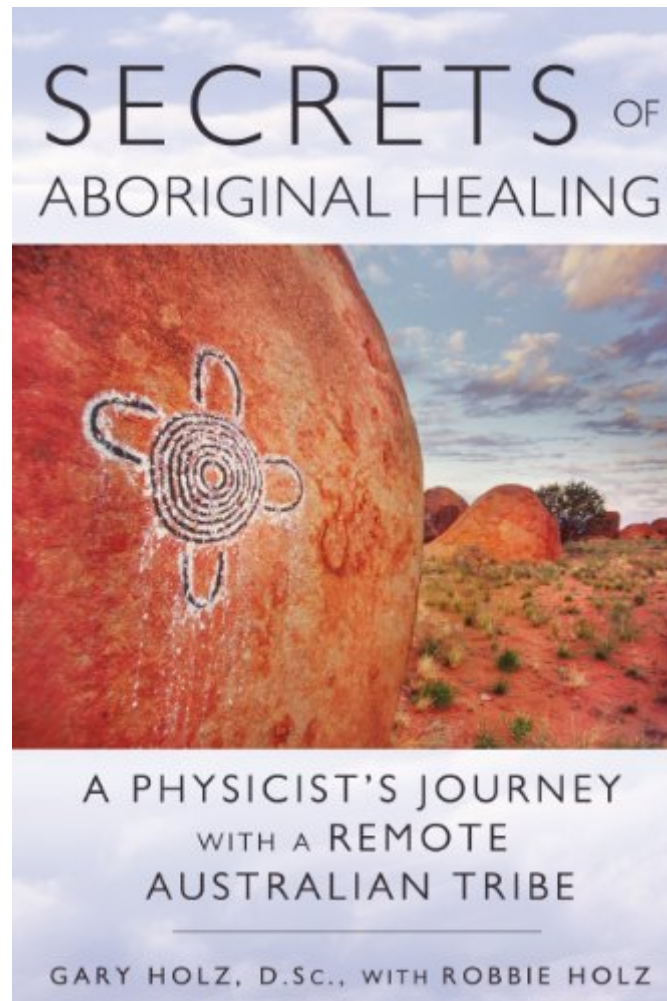


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# Secrets Of Aboriginal Healing: A Physicist's Journey With A Remote Australian Tribe



## Synopsis

A guide to the 60,000-year-old healing system of the Aborigines revealed through one man's journey to overcome multiple sclerosis • Written at the request of the Aboriginal people the author stayed with • Explores the use of dreamtime, spirit guides, and telepathy to discover and reprogram the subconscious motivations, thought patterns, and beliefs behind illness • Reveals how to tap in to healing support through the body/mind/spirit connection • Nautilus Silver Medal Winner and ForeWord Reviews Book of the Year Finalist

In 1983 award-winning physicist Gary Holz was diagnosed with chronic progressive multiple sclerosis. By 1988 he was a quadriplegic. Then, in 1994, his doctors told him he had two years to live. Desperate and depressed, he followed a synchronistic suggestion and went to Australia to live with a remote Aboriginal tribe. Arriving in a wheelchair, alone, with almost no feeling left from the neck down, Holz embarked on a remarkable healing transformation of body, mind, and spirit and discovered his own gift for healing others. Written at the request of the Aboriginal healers Holz worked with, this book reveals the beliefs and principles of the 60,000-year-old healing system of the Aborigines of Australia, the world's oldest continuous culture. Chronicling the step-by-step process that led to his miraculous recovery, he explains the role played by thought in the creation of health or disease and details the five essential steps in the Aboriginal healing process. He explores the use of dreamtime, spirit guides, and telepathy to discover and reprogram the subconscious motivations behind illness--a process that enacts healing at the cellular and the soul level, where the root of physical illness is found. Supported by modern science, including quantum physics, Aboriginal medicine enables each of us to tap in to healing support through the power of the body/mind/spirit connection.

## Book Information

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## Customer Reviews

"Secrets of Aboriginal Healing - A Physicists Journey With a Remote Australian Tribe" is a book by Gary Holz about his struggle with Multiple Sclerosis and how he overcame its effects through the system of healing and spirituality of the aborigines of the Australian Outback. Holz was a physicist and businessman who began to encounter neurological difficulties in his extremities. He tried to ignore them but over time they got worse. He finally went for a series of tests and was told he likely had Multiple Sclerosis (MS), for which there was no cure. His physical capabilities continued to deteriorate and he had to start using a wheelchair. When he was 43 his doctors told him he had less than two years to live as his internal organs were shutting down. His book tells how through an extraordinary series of events and effort he ended up in a village of the aborigines in the Australian Outback in search of a cure for his disease. There, under the care of two healers who were themselves aborigines but who also lived in the Westernized cities of modern "civilization" he took on the totality of a system of spirituality and belief that led to his regaining his body from his debilitation condition. The methodology is somewhat reminiscent of Freud in that it involved delving into his subconscious to find the life traumas that had led to his disease. Under the caring guidance of his healers, he absorbed the highly spiritual world view of the aborigines and learned to tap into his inner healing power. He lived well beyond the two years his Western doctors had given him. His extraordinary experience inspired him to tell his story, spread knowledge about emotional and spiritual basis of the world of the Australian aborigines, and become a healer himself. This book is a fascinating narrative.

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